



Newsletter

July 9, 2026

What is QUMPHY About?

Need Photoplethysmography (PPG) signals are rich in information and easy to measure passively without any physical or mental limitations of the subject. As it is impossible for physicians to infer physiological parameters from the PPG signal by themselves, they need to rely on algorithms based on machine learning (ML) techniques for diagnosis. As of today, no regulations specifying how these ML algorithms have to be applied, how their performance has to be measured or how their associated uncertainties have to be specified exist.

Aim At the core of this project stands the development of measures to quantify the uncertainties associated with ML algorithms applied to medical problems, in particular the analysis and processing of PPG signals. To achieve this the following tasks will be addressed: (i) benchmark datasets will be generated using publicly available in vivo, and synthetic data (ii) different ML models and uncertainty quantification (UQ) methods will be used to analyse the processing of the PPG signals and specify the associated uncertainty and (iii) a good practice guide with accompanying software

repository showcasing the used models, methods and benchmarks will be developed and made publicly available.

Objectives

The overall objective is to provide trustworthy machine-learning models for analysing photoplethysmography signals in a medical context, by developing methods for the quantification of uncertainty in supervised machine learning and deep-learning models applied to photoplethysmography signals and generating reference datasets to benchmark those models, supported by software being developed that will be publicly available for independent review of the models.

The specific objectives are:

1. To develop methods for quantifying the uncertainty for at least 3 existing classification and 3 existing regression supervised machine learning and/or deep-learning models using photoplethysmography (PPG) data, considering the effects of both aleatoric (data) uncertainty and epistemic (model) uncertainty on model predictions.
2. To generate at least 5 measurement problems and their corresponding 5 datasets, using real and/or synthetic photoplethysmography data, that can be used to benchmark accuracy and uncertainty of supervised machine learning and deep-learning models. In addition, to make those reference problems and datasets available to the medical device and digital health communities via an online repository.
3. To validate the uncertainties obtained for existing machine learning and deep-learning models of Objective 1 and to compare the accuracy and uncertainty of at least 3 classification and 3 regression machine learning

and/or deep-learning models in order to identify models and methods which have high accuracy and low uncertainty for a wide range of tasks.

4. To engage with the medical device, digital and health communities to (a) promote the use of the good practice guide and the accompanying software repository through conference contributions, peer-reviewed journal articles and stakeholder workshops, (b) support the adoption of the benchmarking problems and datasets by providing guidelines for their use, and (c) develop a framework for independently reviewing machine learning models proposed by industry to assist them in getting regulatory approval.
5. To facilitate the take up of the technology and measurement infrastructure developed in the project by the measurement supply chain (NMIs, DIs, medical device calibration services), standards developing organisations (IEC, ISO), and end users (clinical practitioners, digital experts within the health communities, manufacturers of medical and health-care products).

The Consortium

The consortium brings together the leading European metrology institutes (NMIs and DIs) in the fields of Machine Learning, Uncertainty Quantification and Medical Imaging, and they are complemented by a number of leading research institutes and companies that bring their specific knowledge and experience. In total, 6 NMIs/DIs, 8 universities or research institutes and 2 companies are involved in the project.



Final Project Meeting

The QUMPHY consortium recently gathered for its final meeting, hosted at the National Physical Laboratory's (NPL) historic Bushy House, beautifully situated next to Bushy Park in Teddington, UK. The event was a wonderfully cordial affair, bringing many project partners together in person to reflect on the project's journey and map out the remaining tasks. It proved to be a highly pleasant and uniquely memorable experience for everyone involved, especially as it marked the final time the consortium members would meet in this exact constellation. Between productive sessions, attendees enjoyed delicious food and enriching, entertaining discussions, all while walking the same halls once occupied by King William IV and looking out over a park alive with rabbits, parrots, and deer. With

all critical matters thoroughly discussed and final steps officially agreed upon, the path forward is perfectly clear as QUMPHY enters its successful final stage.

Uncertainty Validation

The consortium has officially submitted its highly anticipated Deliverable D3 report. The deliverable focuses on validating uncertainty quantification across existing machine learning and deep-learning models. Led by NPL, the comprehensive study evaluates and compares the accuracy and uncertainty of classification and regression models. Notably, the report introduces a robust benchmarking framework for PPG signal analysis, introducing a cutting-edge 1D Vision Transformer (ViT) classifier alongside established 1D variants of AlexNet and XResNet. By rigorously testing these models, the consortium aims to pinpoint the exact architectures that yield high accuracy paired with low uncertainty, a critical milestone for dependable, data-driven healthcare diagnostics.

You can find the complete report at:

<https://www.qumphy.ptb.de/downloads>

Good Practice Guide

The QUMPHY project is proud to announce the official release of its Good Practice Guide (GPG) for quantifying uncertainties for machine-learning models applied to photoplethysmography (PPG) signals. Developed under the leadership of the National Physical Laboratory alongside 15 contributing European partners, this comprehensive guide serves as a crucial roadmap for reliable and understandable quantification of uncertainties associated to machine-learning methods when applied to PPG signals. It bridges the gap between complex artificial intelligence and reliable medical decision making

by outlining state-of-the-art machine-learning architectures, including deep learning on raw signals, features and image representations, and pairing them with robust uncertainty quantification methods like deep ensembles and conformal prediction. By detailed mapping of evaluation metrics (such as ECE and ENCE), standardisation of clinical benchmark problems (ranging from blood pressure estimation to atrial fibrillation detection), and rigorous examinations of ethical aspects and potential model misuse, the GPG establishes a framework to ensure AI-driven applications are reasonable, precise and trustworthy. In tandem with the guide's release, the project has made its accompanying software repository fully open and publicly available, accelerating the translation of continuous PPG-sensing technologies into practice.

Give the good practice guide a quick look at:
<https://www.qumphy.ptb.de/downloads>

New Software Release

We are thrilled to announce the upcoming release of the first full version of our QUMPHY software version v1.0, which will be released shortly. Built with transparency and accessibility at its core, the repository features a completely open development history and comes with straightforward installation instructions to get you started quickly. The software provides a highly modularised framework for implementing machine-learning models and uncertainty quantification methods, complete with standard evaluation scripts to effortlessly reproduce our research results. Users can interact with the code through an intuitive graphical user interface (GUI) and via easily customisable configuration files. Adhering to strict software engineering and formatting standards, the repository boasts clean, heavily documented code. Comprehensive, multi-version documentation is also hosted online and is downloadable in PDF and EPUB formats for offline use. Finally, the repository serves as a central hub, providing direct links to all relevant

publications and related QUMPHY project work.

Check out the software and its documentation:

gitlab.com/qumphy/qumphy-software
qumphy-software.rtf.d.io

Publications

Peer Reviewed Articles

- [1] A. D. Rodway, L. Hanna, J. Harris, R. Jarrett, C. Allan, F. Pazos Casal, B. C. Field, M. B. Whyte, N. Ntagiantas, I. Walton, A. Pankhania, S. S. Skene, G. D. Maytham, and C. Heiss. “Prognostic and predictive value of ultrasound-based estimated ankle brachial pressure index at early follow-up after endovascular revascularization of chronic limb-threatening ischaemia: a prospective, single-centre, service evaluation”. In: *eClinicalMedicine* 68 (02/2024), p. 102410. DOI: [10.1016/j.eclinm.2023.102410](https://doi.org/10.1016/j.eclinm.2023.102410).
- [2] M. Rinkevičius, J. Lázaro, E. Gil, P. Laguna, P. H. Charlton, R. Bailón, and V. Marozas. “Obstructive Sleep Apnea Characterization: A Multimodal Cross-Recurrence-Based Approach for Investigating Atrial Fibrillation”. In: *IEEE Journal of Biomedical and Health Informatics* 28.10 (10/2024), pp. 6155–6167. DOI: [10.1109/jbhi.2024.3428845](https://doi.org/10.1109/jbhi.2024.3428845).
- [3] L. Hanna, A. D. Rodway, P. Garcha, L. Maynard, J. Sivayogi, O. Schlager, J. Madaric, V. Boc, L. Busch, M. B. Whyte, S. S. Skene, J. Harris, and C. Heiss. “Safety and procedural success of daycase-based endovascular procedures in lower extremity arteries of patients with peripheral artery disease: a systematic review and meta-analysis”. In: *eClinicalMedicine* 75 (09/2024), p. 102788. DOI: [10.1016/j.eclinm.2024.102788](https://doi.org/10.1016/j.eclinm.2024.102788).
- [4] P. H. Charlton, V. Marozas, E. Mejía-Mejía, P. A. Kyriacou, and J. Mant. “Determinants of photoplethysmography signal quality at the wrist”. In: *PLOS Digital Health* 4.6 (06/2025). Ed. by W. Karlen, e0000585. DOI: [10.1371/journal.pdig.0000585](https://doi.org/10.1371/journal.pdig.0000585).
- [5] C. Teichert, U. Hackstein, T. Krüger, and S. Bernhard. “Noninvasive detection of lower extremity artery disease using multi-site photoplethysmographic signals and machine learning”. In: *npj Biosensing* 2.1 (07/2025). DOI: [10.1038/s44328-025-00044-z](https://doi.org/10.1038/s44328-025-00044-z).
- [6] M. Moulaeifard, P. H. Charlton, and N. Strodthoff. “Generalizable deep learning for photoplethysmography-based blood pressure estimation—A benchmarking study”. In: *Machine Learning: Health* 1.1 (09/2025), p. 010501. DOI: [10.1088/3049-477x/ae01a8](https://doi.org/10.1088/3049-477x/ae01a8).
- [7] C. Bench, V. Desai, M. Moulaeifard, N. Strodthoff, P. Aston, and A. Thompson. “Uncertainty quantification with approximate variational learning for wearable photoplethysmography prediction tasks”. In: *Machine Learning: Health* 1.1 (10/2025), p. 015013. DOI: [10.1088/3049-477x/ae0b74](https://doi.org/10.1088/3049-477x/ae0b74).

- [8] M. Moulaeifard, L. Coquelin, M. Rinkevičius, A. Sološenko, O. Pfeffer, C. Bench, N. Hegemann, S. Vardanega, M. Nandi, J. Alastruey, C. Heiss, V. Marozas, A. Thompson, P. J. Aston, P. H. Charlton, and N. Strodthoff. “Machine-learning for photoplethysmography analysis: Benchmarking feature, image, and signal-based approaches”. In: *Biomedical Signal Processing and Control* 120 (07/2026), p. 109831. DOI: [10.1016/j.bspc.2026.109831](https://doi.org/10.1016/j.bspc.2026.109831).
- [9] C. Bench, O. Pfeffer, V. Desai, M. Moulaeifard, L. Coquelin, P. H. Charlton, N. Strodthoff, N. Hegemann, P. J. Aston, and A. Thompson. “A systematic evaluation of uncertainty quantification techniques in deep learning: a case study in photoplethysmography signal analysis”. In: *Machine Learning: Health* 2.1 (03/2026), p. 015011. DOI: [10.1088/3049-477x/ae4c8e](https://doi.org/10.1088/3049-477x/ae4c8e).
- [10] M. Moulaeifard, M. Kutscher, P. J. Aston, P. H. Charlton, and N. Strodthoff. “MIMIC-III-Ext-PPG, a PPG-based Benchmark Dataset for Cardiovascular and Respiratory Signal Analysis”. In: *Scientific Data* 13.1 (04/2026). DOI: [10.1038/s41597-026-07335-8](https://doi.org/10.1038/s41597-026-07335-8).

Proceedings & Other

- [11] P. Charlton and P. A. Kyriacou. “Wearable Photoplethysmography: Current Status and Future Challenges”. In: *2023 Computing in Cardiology Conference (CinC)*. CinC2023. Computing in Cardiology, 11/2023. DOI: [10.22489/cinc.2023.076](https://doi.org/10.22489/cinc.2023.076).
- [12] N. Strodthoff. “Open Science to Foster Progress in Automatic ECG Analysis: Status and Future Directions”. In: *2024 Computing in Cardiology Conference (CinC)*. Vol. 51. CinC2024. Computing in Cardiology, 12/2024. DOI: [10.22489/cinc.2024.057](https://doi.org/10.22489/cinc.2024.057).
- [13] M. Rinkevičius, P. H. Charlton, and V. Marozas. “Uncertainty in Photoplethysmography-Based Cuffless Blood Pressure Trend Monitoring: A Personalized Approach”. In: *2024 Computing in Cardiology Conference (CinC)*. Vol. 51. CinC2024. Computing in Cardiology, 12/2024. DOI: [10.22489/cinc.2024.098](https://doi.org/10.22489/cinc.2024.098).
- [14] C. A. Bench, N. Strodthoff, M. Moulaeifard, P. Aston, and A. J. Thompson. “Towards Trustworthy Atrial Fibrillation Classification from Wearables Data: Quantifying Model Uncertainty”. In: *2024 Computing in Cardiology Conference (CinC)*. Vol. 51. CinC2024. Computing in Cardiology, 12/2024. DOI: [10.22489/cinc.2024.068](https://doi.org/10.22489/cinc.2024.068).
- [15] P. Aston. “Does Skin Tone Affect Machine Learning Classification Accuracy Applied to Photoplethysmography Signals?” In: *2024 Computing in Cardiology Conference (CinC)*. Vol. 51. CinC2024. Computing in Cardiology, 12/2024. DOI: [10.22489/cinc.2024.038](https://doi.org/10.22489/cinc.2024.038).
- [16] S. Vardanega, P. Segers, P. Aston, E. Rietzschel, J. Alastruey, and M. Nandi. “Attractor Image-Based Deep Learning of Arterial Pulse Waves for Age Classification”. In: *2025 Computing in Cardiology Conference (CinC)*. Vol. 52. CinC2025. Computing in Cardiology, 12/2025. DOI: [10.22489/cinc.2025.343](https://doi.org/10.22489/cinc.2025.343).
- [17] U. Hackstein, J. Alastruey, P. Aston, C. Bench, P. H. Charlton, L. Coquelin, N. Hegemann, V. Marozas, M. Moulaeifard, M. Nandi, A. Petrenas, O. Pfeffer, M. Rinkevicius, A. Solosenko, N. Strodthoff, and S. Vardanega. *Benchmark Problems and Benchmark Datasets for the evaluation of Machine and Deep Learning methods on Photoplethysmography signals: the D4 report from the QUMPHY project*. 2026. arXiv: [2604.01398](https://arxiv.org/abs/2604.01398) [cs.LG].
- [18] P. Krishnadas, U. Hackstein, A. Bošnjakovic, and P. J. Aston. “Fuzzy Accuracy Compensates for Label Subjectivity in Classification of Skin Tone Using Wearable Photoplethysmography Signals”. In: *Proceedings of the IEEE International Conference on Fuzzy Systems (FUZZ-IEEE)*. 2026.

Preprints

- [19] C. Bench. *Uncertainty quantification in deep learning is unsatisfactory for clinical applications and complex decision making*. 02/2026. DOI: [10.36227/techrxiv.177084351.14388820/v1](https://doi.org/10.36227/techrxiv.177084351.14388820/v1).
- [20] C. Bench. *Trustworthy deep domain adaptation for wearable photoplethysmography signal analysis with decision-theoretic uncertainty quantification*. 2026. DOI: [10.48550/ARXIV.2604.17480](https://doi.org/10.48550/ARXIV.2604.17480).

That's All

Thank you for reading. If you want to stay up-to-date with the project, you can always visit our project website:

www.qumphy.ptb.de



Acknowledgements

The project 22HLT01 QUMPHY has received funding from the European Partnership on Metrology, co-financed from the European Union's Horizon

Europe Research and Innovation Programme and by the Participating States.

Funding for NPL, KCL, U Cambridge, U Surrey and Sector Health was provided by Innovate UK under the Horizon Europe Guarantee Extension.

**METROLOGY
PARTNERSHIP**

